

PLAY

date



Remember playtime as a kid? How much fun was it to have zero responsibilities and just play with a friend? What if you could (sort of) recreate a moment like that and have a night focused on playing with your spouse? That's what this date is all about.

GROUND RULES

- ▶ **BIG PEOPLE STUFF** is off limits tonight. Don't talk about money, in-laws, chores, or the last fight you had.
- ▶ **PRETEND YOUR PHONE IS IN TIMEOUT.** Put the screens away for a little while to remove all distractions.
- ▶ **REMEMBER HOW IMPORTANT IT IS TO SHARE.** Take turns talking and listening.

STARTERS

Kids don't like dressing up so you don't have to either. Wear comfortable clothes. Put on something you don't mind getting a little dirty. Maybe even pick a kid-friendly restaurant.

MAIN COURSE

Once you get to dinner, it's time to talk. Tackle some questions from your past, present, and future.

PAST

- ▶ What was your favorite toy as a kid?
- ▶ If you could relive one year of your childhood, which year would you choose?
- ▶ What was one crazy thing you did as a kid you hope your kids will never do?
- ▶ Other than your parents, who was your favorite adult growing up?

PRESENT

- ▶ What is one thing you do now that makes you feel most like a kid?
- ▶ What is one thing you would like to do now to make you feel more like a kid?
- ▶ If your 12-year-old self could see you now, what would amaze them most about you?

FUTURE

- ▶ What would you tell your great, great grandchild if you could meet them?
- ▶ What technological invention do you hope is real for your grandchildren?
- ▶ What toy do you think will never go out of style?

SIDES

Kids are typically much more daring than adults. We tend to play things safe, while they don't seem to be afraid of anything. So it's time to be brave and dare your spouse to do one of the following:

- ▶ Order something off of the kid's menu at a restaurant.
- ▶ Have a bubblegum blowing contest to see who can blow the biggest bubble.
- ▶ Play on a playground together.
- ▶ Build a fort...on your bed.

DESSERT

Arts and crafts time! At the end of your date, grab a few sheets of paper and pack of crayons (or magic markers, if you'd prefer). Write a special note to your spouse using the crayons. Feel free to draw a portrait of them at the bottom. Now read it out loud to your spouse.

